

## Curriculum Vitae

### 1. PERSONAL INFORMATION

Name, Surname: **Aurelia Balan** ( Cojocaru )

Birth date: 07.08.1987

Nationality: Moldavian

Stable address: Budai Street No. 7, Chisinau City

Workplace address: Ghenadie Iablocikin Street No 2/1, USEM the 3<sup>th</sup> floor, room 403

Phone number: +373 78 070 111

E-mail: [psiholog.abc@gmail.com](mailto:psiholog.abc@gmail.com)

### 2. EDUCATION

2021-- **Bachelor of Communication Sciences** (study program **Journalism and media processes**)

UNIVERSITY OF EUROPEAN STUDIES IN MOLDOVA - Republic of Moldova

2020- Professional retraining **EDUCATIONAL MANAGEMENT**, INSTITUTE OF CONTINUING EDUCATION - Republic of Moldova

2018- **Master of Laws**, (study program **Economic Law**) UNIVERSITY OF EUROPEAN STUDIES IN MOLDOVA - Republic of Moldova

2013- **PhD of Psychology**, UNIVERSITY OF BUCHAREST - Romania

2012-- Vocational training courses **Psychology of the couple and the family, Human resources management, Staff Testing and Evaluation, Psychodynamic therapy, Ericksonian Hypnosis, Psychosomatics, Cognitive therapy, Neuropsychological therapy** BUCHAREST - Romania

2011- Training courses in **Communication Psychology and Coaching, Gestalt therapy, Transpersonal psychology, Obsessive-compulsive disorder, Psychological therapies - types and characteristics** BUCHAREST - Romania

2008- **Bachelor's degree in General Psychology**, UNIVERSITY OF BUCHAREST - Romania

2004- *Brînzei General School, Edinet District - Republic of Moldova*

### 3. PROFESSIONAL EXPERIENCE

September, 2019 - present **Presenter** of the show "**DOCTORII**" PRIME TV Moldova

September, 2015 - present, **Dean of the Faculty of Psychology and Social Work and the Faculty of Journalism and Communication Sciences, USEM**, Ghenadie Iablocikin street, No. 2/1, Chisinau City, Republic of Moldova

March, 2014 - present, **Senior Lecturer at USEM**, Ghenadie Iablocikin street, No. 2/1, Chisinau City, Republic of Moldova

2013 - present, **Senior psychologist** "Casa Mărioarei" Violence Association, Hâncești street, No. 4, Chisinau City, Republic of Moldova

January, 2012 – August, 2014, **Psychologist Counselor**, Psychology Office "VeARa Consulting" M. Varlaam street No. 65, Chisinau City, Republic of Moldova

2016 - 2018, **Presenter** of the show "EDUCAȚIA PENTRU CARIERĂ" TV MOLDOVA1

October, 2013- 2017, **Psychologist, PI "Columna" High School**, Alba Iulia Street No. 5/2, Chisinau City, Republic of Moldova

2012 - 2014 **Presenter of the show „UN PAS SPRE SĂNĂTATE,, TV MOLDOVA1**

2012 – 2013 - **Clinician Psychologist**, Counseling and Support Center for Parents and Children, Community Services Complex for Children and Families Podul Inalt Street No. 22/3, Chisinau City, Republic of Moldova

2011-2013 - **Coaching Coordinator**, The project "Școala Mamelor" within the campaign "Pretuieste viata" Republicii Street No. 37, Avalon Building, Bucharest, Romania

2008-2012- **Coordinator of the Deontology and Discipline Commission**, Romanian College of Psychologists Stoian Militaru Street No.71 Bucharest, Romania

#### **4. RESEARCH/GRANTS**

Coordinated grants

2012-2013 - Director, Doctoral Grant PN-II-RU-PD-2011-3-0131, CNCS, „Reglare emotionala si sanatate mentala in organizatii", Bucharest, Romania

2012 - Supervisor, Project POSDRU "Si ei trebuie sa aiba o sansa! - Program de sprijin pentru integrarea sociala si profesionala a persoanelor cu tulburari de spectru autist", Romanian Angel Appeal, partner APCCR. Bucharest, Romania

2010- 2011 - Expert in parenting programs (long term), project POSDRU "Dezvoltarea emotionala si sociala a persoanelor ce provin din medii dezavantajate pentru prevenirea renuntarii timpurii la scoala", Director: Prof. PhD. Daniel David.

2008- 2012 - Clinical psychologists - ACT interventions, Grant "REBTversus CT versus

*ACT in tratamentul GAD*", Albeit Ellis Institute, Director: Prof. PhD. Daniel David.  
Bucharest, Romania

## 5. PUBLICATIONS

2021- „**Conflicte și manipulare emoțională în cuplul marital**” scientific-practical journal VECTOR EUROPEAN No. 2/2021, Republic of Moldova

2021- „**Impactul psihoemoțional al educației moral-religioase în cadrul familiei, școlii și bisericii**” scientific-practical journal VECTOR EUROPEAN No. 2/2021, Republic of Moldova

2021 – „**Importanța managementului timpului în activitatea de conducere a instituțiilor de învățământ**” scientific-practical journal VECTOR EUROPEAN No. 1/2021 Republic of Moldova

2021- „**Cauzele devianței comportamentale la adolescenți**” scientific-practical journal VECTOR EUROPEAN No. 1/2021 Republic of Moldova

2020- „**Factorii cauzali care afectează dezvoltarea creierului și particularitățile comportamentale și intelectuale a copilului autist**” scientific-practical journal VECTOR EUROPEAN No. 2/2020 Republic of Moldova

2020- „**Motivația pentru dezvoltarea personală la adolescenți**” scientific-practical journal VECTOR EUROPEAN No. 2/2020 Republica Moldova

2020- „**Psihoterapia integrativă ca alternativă de formare profesională**” scientific-practical journal VECTOR EUROPEAN No. 1/2020. Republic of Moldova

2019 – „**Formarea abilităților de comunicare eficientă în cuplurile tinere**” scientific-practical journal VECTOR EUROPEAN No. 3/2019 Republic of Moldova

2019- „**Consecințele abuzului și maltratării în familie asupra dezvoltării psihice a copilului**” scientific-practical journal VECTOR EUROPEAN No. 3/2019 Republic of Moldova

2019- „**Modelarea comportamentului adolescenților abuzați**” scientific-practical journal VECTOR EUROPEAN No. 2/2019 Republic of Moldova

2019- „**Metoda observării ca parte componentă a aspectului educațional în procesul familiarizării preșcolarilor cu natura**” scientific-practical journal VECTOR EUROPEAN No. 1/2019 Republic of Moldova

2018 - „**Analiza psiho-juridică a prevenției consumului de droguri la nivel național și internațional**” scientific-practical journal VECTOR EUROPEAN No. 2/2018 Republic of Moldova

2018- „**Consilierea carierei profesionale**” scientific-practical journal VECTOR EUROPEAN No. 1/2018 Republic of Moldova

2013- Book “**Calea succesului- arta de a convinge**”, from the series “A reusi in 60 minute”

2012- Book “**Calea succesului- arta de a fi manager**” from the series “ A reusi in 60 minute”

2012- Book “**Cat de compatibili sunteți**” from the series “A reusi in 60 minute”

2012-2013- various publications in the daily “Psychology “

2007-2012- numerous research articles published in various scientific journals

**Papers presented at national and international conferences (selected)**

**Cojocaru A.** (2012). Using ACT in the workplace. Poster submitted to *Association for Contextual Behavior Science World Conference*, Bucharest, Romania.

**Cojocaru A.** (2012). Beyond the disciplining parent: building parental acceptance. Poster submitted to *Association for Contextual Behavior Science World Conference*, Bucharest, Romania.

**Cojocaru A.,** DiGiuseppe R., David D. & DelVecchio T. (2011). The development and validation of the Parent Rational and Irrational Beliefs Scale. Paper submitted to *World Conference on Psychology, Counseling and Guidance*, Bucharest, Romania.

**Cojocaru A.,** DiGiuseppe R., David D. & DelVecchio T. (2011). The development and validation of the Parent Anger Scale. Paper submitted to *World Conference on Psychology, Counseling and Guidance*, Bucharest, Romania.